

# MENU



# NAMASKAARAM KOOTUKAARE!

Sanchari was born from the concept of travel – inspired by the desire to create a haven for travellers along the highways of Kerala. The name 'Sanchari' itself translates to 'Traveller' in Malayalam, reflecting our mission to be your companion on the road.

At Sanchari, we prioritize providing a hygienic and welcoming environment, multi-cuisine offerings to cater to diverse palates, a family-friendly ambiance where all can find comfort, and affordable price points that ensure our hospitality is accessible to all. One of the main challenges faced by travellers is finding quality, tasty, clean food and accessible restroom facilities while on the go. Sanchari aims to solve this problem by being your oasis on the road.

The idea behind Sanchari was to create a sanctuary for those on the move – a place where you can rest, refuel, and rejuvenate amidst your journey. We've already established a presence along bustling highways in Haripad, Sulthan Bathery, Palakkad, and more, with the ultimate goal of having Sanchari within reach wherever your travels may take you.

Here, we strive to be your home away from home, a familiar and inviting space where you can find solace and sustenance. Whether it's a steaming cup of chai to kickstart your day or a hearty meal to share with loved ones after a long drive, our doors will always be open to welcome you with warmth and hospitality.

Travellers, Sanchari awaits you – come, let us be your comfort abode.



# **GLOSSARY**

- TAXES EXTRA AS APPLICABLE.
- ► IF YOU HAVE ANY CONCERNS REGARDING FOOD ALLERGIES, PLEASE LET YOUR SERVER KNOW PRIOR TO ORDERING.
- FOOD ICONS:
  - VEGETARIAN
  - NON VEGETARIAN
  - DAIRY
  - **GLUTEN**
  - (i) EGG
  - PEANUTS
  - **CRUSTACEANS**
  - (P) FISH
  - SOYABEANS
  - TREE NUTS
  - ( SESAME

# FRAPPES AND SHAKES

IRISH FRAPPE (1)	150
CHOCOBERRY LEGACY FRAPPE (19)	150
MELON AND CARDAMOM BLEND	140
MANGO MILK SHAKE	155
STRAWBERRY MILK SHAKE	155
PISTA MILK SHAKE	155
CHOCOLATE MILK SHAKE	155
VANILA MILK SHAKE	155
BUTTER SCOTH MILK SHAKE	155
BUTTER FRUIT MILK SHAKE	155
CLASSIC COLD COFFEE (a)	145

# SIGNATURE FALOODA

MANGO FALOODA (1) (1)		180
DRY FRUIT FALOODA (1) (S)		180
SANCHARI ROYAL FALOODA		220

# ICED TEA

CLASSIC ICE TEA 100
LEMON ICE TEA 120
PEACH ICE TEA 120

# MOCKTAILS

CLASSIC MOJITO	140
GINGER MOJITO	140
PASSIONFRUIT MOJITO	140
MANGO MOJITO	140
HAWAIIN BLUE	145
PASSION FRUIT AND MANGO FIZZ	145
RAW MANGO AND KANTARI CHILLI FIZZ	125

# PURE NECTAR

ORANGE	120
MANGO JUICE	120
GARPE JUICE	120
PINEAPPLE	120
WATER MELON	120
MUSK MELON	120
FRESH LIME (WATER/SODA)	45/65
MINT LIME SODA	68
FRESH MINT LIME WATER	50
MASALA SODA	50

# AERATED BEVERAGES

REDBULL	220
COLA	60
SPRITE	60
MIRINDA	60
STILL BOTTLED WATER 1 L	30
SODA WATER 500 ML	40

# HOT BEVERAGE

SOUTH INDIAN COFFEE (11)	35
TEA 🗐	25
MASALA TEA 📵	25
BLACK TEA	20
LEMON TEA	22
BLACK COFFEE	26
GREEN TEA	25

# **SOUP**

## VEGETARIAN

MANCHOW VEGETABLE (**) (**)  Manchow Vegetable is a flavorful and aromatic soup that brings a variety of fresh vegetables in a savory broth infused with Chinese spices and herbs.  Serving size -180g, 215 Kcal	160
SWEET CORN VEGETABLE SOUP  A delightful and comforting soup that combines the sweetness of corn with a variety of vegetables in a flavorful broth.  Serving size -180g, 56 Kcal	160
HOT AND SOUR VEGETABLE SOUP  A rich vegetable soup. A tantalizing fusion of flavors, combining the fiery heat of chilli peppers with the tangy zing of vinegar.  Serving size -180g, 145 Kcal	160
FRENCH MUSHROOM SOUP (a) (b) (c)  Smooth, rich soup made from a blend of sautéed mushrooms, cream, and broth.  Serving size -180g, 283 Kcal	200
CRÈME DE TOMATOES (**) (**)  A classic and comforting dish with smooth, rich texture and rich tomato flavour.  Serving size -180g , 203 Kcal  NON VEGETARIAN	180
ATTINKAAL NADAN SOUP  A flavorful soup made with tender pieces of mutton cooked in a spicy and aromatic broth.	220
Serving size -180g , 306 Kcal	
HOT AND SOUR CHICKEN SOUP (a)  A rich chicken soup. A tantalizing fusion of flavors, combining the fiery heat of chilli peppers with the tangy zing of vinegar.  Serving size -180g, 163 Kcal	190
HOT AND SOUR CHICKEN SOUP (a) (a) A rich chicken soup. A tantalizing fusion of flavors, combining the fiery heat of chilli peppers with the tangy zing of vinegar.	190 190



# SALADS

## VEGETARIAN

# GARDEN FRESH GREEN SALAD A colorful medley of fresh greens and vegetables. Serving size -200g, 70 Kcal KERALA KACHUMBER Sliced cucumber, tomato & onions mixed with salt and pepper with a dash of vinegar. Serving size -200g, 45 Kcal WALDORF A classic American salad, typically consists of crisp apples, celery, and walnuts, all tossed together in a creamy dressing. Serving size -220g, 103 Kcal

## NON VEGETARIAN

#### 

Serving size -220g, 470 Kcal

# SHORT EATS

#### VEGETARIAN

VEGETABLE SPRING ROLL (**) (**)  Thin pastry sheets are stuffed with seasoned vegetables and then rolled tightly around the filling and then deep fried until crispy and golden brown.  Serving size -180-220g, 196 Kcal	220
MALAI PANEER TIKKA  A delectable Indian dish consisting of cubes of paneer marinated in a creamy mixture along with various spices and herbs. The paneer cubes are skewered and grilled in a Tandoor.  Serving size -180-220g, 278 Kcal	280
ACHARI PANEER TIKKA (a)  Achari Paneer Tikka is indeed marinated in a tangy and spicy mixture of yoghurt and pickling spices, and then traditionally cooked in a Tandoor.  Serving size -180-220g, 270 Kcal	280
LAVA CHEESE BALLS (a)  A delicious appetizer featuring a crispy outer shell and a gooey, cheesy center.  Serving size -180-220g, 180 Kcal	280



# SHORT EATS

# NON VEGETARIAN

DRUMS OF HEAVEN (\$)	325
A popular Indo-Chinese appetizer that features crispy fried chicken wings coated in a sweet, spicy, and tangy sauce.  Serving size -180-220g, 423 Kcal	
VENAD PAL KONJU	420
Prawns grilled with virgin coconut oil and coconut milk topped with sautéed curry leaves, mustard and crushed pepper.	420
Serving size -180-220g , 191 Kcal	200
BEEF PORICHATHU (*)  A flavorful South Indian dish featuring tender beef pieces marinated in a blend of spices, roasted until cooked, coated in a dry spice mixture, and then deep-fried to perfection.  Serving size -180-220g, 301 Kcal	380
INCHIPULI CHICKEN WINGS	325
Savor the addictive flavours of the classic chicken wings with a South Indian twist Chicken wings are marinated in a traditional chicken 65 marinade is deep fried and tossed with a bright, tangy, savory Injipuli barbecue sauce with hint of sweetness from jaggery.	t.
Serving size -180-220g , 380 Kcal	
CHICKEN 65 ( )	320
Spicy South Indian dish with bite-sized chicken pieces marinated in spices, then deep-fried until crispy.  Serving size -180-220g , 246 Kcal	
	220
PODIMEEN FRY (*) (*)  A flavorful and aromatic preparation where small anchovies are marinated with a blend of spices and then deep fried.	220
Serving size -180-200g , 240 Kcal	
SCHEZWAN CHILLI PRAWNS 😢 🕸	420
A flavorful dish featuring prawns cooked in a spicy and tangy Schezwan sauce. Serving size -180-220g , 195 Kcal	
TANDOORI CHICKEN (FULL / HALF)	610/320
A traditional Indian dish that involves marinating a whole chicken in a rich mixture of yoghurt and a blend of aromatic spices and then grilling them in a clay oven.	
Serving size -800-400g , 430 Kcal	0.40
TANDOORI CHICKEN TIKKA	340
Tandoori chicken tikka is a popular Indian dish made by marinating chicken piec in a mixture of yoghurt and spices, and then grilling them in a clay oven.  Serving size -180-240g, 312 Kcal	es

# SHORT EATS

## **NON VEGETARIAN**

CHICKEN MALAI TIKKA	340
A popular Indian dish made by marinating chicken pieces in a mixture of yoghurt and Indian spices, and then grilling them in a clay oven.	
Serving size -180-240g , 280 Kcal	
HARIYALI CHICKEN TIKKA (19)	340
A flavorful and aromatic Indian dish with its vibrant green marinade and succulent pieces of chicken.	
Serving size -180-240g , 280 Kcal	0.10
CHICKEN SEEKH KEBAB	340
Minced chicken seasoned with a blend of spices and herbs, shaped onto skewers, and then grilled to perfection.  Serving size -180-240g, 270 Kcal	
LAMB SEEKH KEBAB	420
Minced mutton meat seasoned with a blend of spices and herbs, shaped onto	
skewers, and then grilled to perfection. Serving size -180-240g , 240 Kcal	
AJWAINI FISH TIKKA	400
A flavorful and aromatic Indian dish that's celebrated for its distinct blend of spices	400
and its charred, smoky flavor.	
Serving size -180-240g , 238 Kcal	450
TANDOORI JHINGA (S) (A)  Mouthwatering Indian dish featuring prawns marinated in a mixture of yoghurt and	450
Indian spices, then grilled in a Tandoor oven.	
Serving size -180-220g , 175 Kcal	
CRUNCHY US CHICKEN TENDERS (*) (*)	290
A popular and delicious crispy and juicy chicken starter. Serving size -180-220g , 499 Kcal	
CRUNCHY CHICKEN NUGGETS (*) (*)	275
Bite-sized pieces of chicken breast that are breaded and deep-fried (or baked)	
until golden and crispy. Serving size -160-180g , 445 Kcal	
BUTTER GARLIC PRAWNS (B)	450
Griddled succulent shrimp with garlic and herbs served with mango salsa.	100
Serving size -180-220g , 270 Kcal	





## **NON VEGETARIAN**

#### SEAFOOD PLATTER







King Fish darne, fish fillet Squid rings, Prawns and crabs are coated with different marination, and then grilled. A traditional Kachumber salad comes as an accompaniment along with Kappa idichathu and Ashtamudi fish gravy. Serving size -950g , 715 Kcal

#### TANDOORI PLATTER (1) (1) (18)







A sumptuous assortment of grilled meats, showcasing a variety of flavors and textures from traditional Indian cuisine.

Serving size -1100g, 680 Kcal

2199

1599



# RICE AND BIRIYANI'S

MALABAR BIRIYANI 🕲 📵

A delicious and aromatic rice dish that hails from the region of Malabar. Biryani is characterized by its rich and complex flavors.	
CHICKEN © © 🗇 Serving size -280-300g , 360 Kcal	248
MUTTON (S) (E) Serving size -280-300g , 642 Kcal	380
VEGETABLE PULAO (SO) (ED)  Vegetable pulao is a fragrant and flavorful rice dish made with basmati rice and a variety of vegetables.  Serving size -180-220g, 359 Kcal	180
JEERA RICE (SO) (ED)  A fragrant and flavorful Indian rice dish made with basmati rice and cumin seeds.  Serving size -180-220g, 246 Kcal	165
KASHMIRI PULAO (SO) (ED)  A fragrant and flavorful rice dish that originates from the picturesque region of Kashmir Serving size -180-220g, 294 Kcal	<b>180</b>
GHEE RICE (S) (E)  Ghee rice, also known as Nei Choru, is a fragrant and flavorful rice dish made with ghee and aromatic spices.  Serving size -180-220g, 225 Kcal	180
KUTHARI CHORU  Matta rice, also known as Kerala red rice, is a unique and nutritious variety of rice predominantly cultivated in Kerala.  Serving size -180-220g, 170 Kcal	90
STEAMED BASMATI RICE  Basmati rice is a long-grain rice variety known for its distinctive fragrance, delicate flavor.  Serving size -180-220g, 210 Kcal	120

# NORTH INDIAN MAINS

## VEGETARIAN

ALOO GOBI MASALA  This dish featuring a delightful combination of potatoes and cauliflower cooked in flavorful, spiced gravy.  Serving size -250-280g, 208 Kcal	240
BAINGAN BHARTA  Popular Indian dish made from roasted and mashed eggplant that is cooked with a blend of spices, tomatoes, onions, and herbs.  Serving size -250-280g, 253 Kcal	245
VEG HYDERABADI (S) (E)  A flavorful and aromatic vegetarian dish that hails from the rich culinary traditions of Hyderabad.  Serving size -250-280g, 257 Kcal	255
MUSHROOM MASALA (S) (a)  A delicious and aromatic Indian dish that features tender mushrooms cooked in a rich, spiced gravy  Serving size -250-280g , 152 Kcal	260
PANEER BUTTER MASALA (SD) (ED)  A popular North Indian dish made with cottage cheese cooked in a rich and creamy tomato-based gravy.  Serving size -250-280g , 331 Kcal	290

# NORTH INDIAN MAINS

# VEGETARIAN

KADAI PANEER (SO) (ED)  A flavorful Indian dish featuring paneer cooked with bell peppers, onions, tomatoes, and a blend of aromatic spices.  Serving size -250-280g, 320 Kcal	290
SUBZ KOLHAPURI (a)  A delicious and spicy vegetarian dish typically featuring a medley of mixed vegetables cooked in rich and aromatic gravy.  Serving size -250-280g, 210 Kcal	260
PALAK PANEER (S) (E)  Tender cubes of cottage cheese cooked in a vibrant and creamy spinach gravy.  Serving size -250-280g , 290 Kcal	280
YELLOW DAL TADKA  Dal Tadka is a classic Indian dish that consists of cooked lentils tempered with spices and aromatic herbs.  Serving size -250-280g , 189 Kcal	210
DAL PALAK  A nutritious and flavorful Indian dish that combines lentils with fresh spinach in a spiced gravy.  Serving size -250-280g , 192 Kcal	210
DAL MAKHANI (a)  Dal Makhani is a luxurious dish in Indian cuisine. A creamy and indulgent lentil preparation that originates from the Punjab region.  Serving size -250-280g, 278 Kcal	240

# NORTH INDIAN MAINS

## **NON VEGETARIAN**

BUTTER CHICKEN (50) (11)  A classic Indian chicken recipe made with tender juicy chicken pieces cooked in creamy, mildly spiced tomato gravy.  Serving size -250-280g , 410 Kcal	40
CHICKEN TIKKA MASALA (S) (E)  Popular Indian dish that features tender pieces of chicken marinated in yoghurt and spices, grilled and then simmered in a rich and creamy tomato-based sauce.  Serving size -250-280g, 348 Kcal	40
KADAI MURGH (S) (E)  Kadai Chicken is a flavorful and aromatic Indian dish that features tender chicken pieces cooked with an assortment of spices and fresh ingredients in a traditional vessel.  Serving size -250-280g , 340 Kcal	30
CHICKEN DO PYAZA (SD) (ED)  A traditional Indian chicken curry that features a rich blend of onions, spices, and robust flavors.  Serving size -250-280g, 330 Kcal	30
CHICKEN PEPPER MASALA (S) (E)  A spicy and aromatic Indian chicken dish that showcases the bold flavors of black pepper.  Serving size -250-280g, 325 Kcal	30
LAMB ROGAN JOSH (a)  Lamb Rogan Josh is a classic dish originating from the Kashmir region.  Tender pieces of lamb are cooked in rich, aromatic gravy to perfection.  Serving size -250-280g, 376 Kcal	20
KADAI MUTTON (a)  Delicious and aromatic Indian dish featuring robust flavours and tender pieces of mutton cooked in spicy, rich gravy.  Serving size -250-280g , 276 Kcal	20
MUTTON KOLHAPURI (a)  Delicious and aromatic Indian dish featuring robust flavours and tender pieces of mutton cooked in spicy, rich gravy.  Serving size -250-280g, 298 Kcal	20

# ASIAN/ORIENTAL

## VEGETARIAN

#### CHILLI MUSHROOM





290

Crispy mushrooms that are sautéed with onions, bell peppers, and green chillies in a flavorful sauce.

Serving size -250-280g , 263 Kcal

#### GOBI MANCHURIAN





240

Popular Indo-Chinese dish that features crispy cauliflower florets tossed in a tangy and spicy sauce.

Serving size -250-280g , 254 Kcal

#### DRAGON COTTAGE CHEESE







290

Flavorful and spicy vegetarian dish that showcases cottage cheese in a bold and vibrant sauce.

Serving size -250-280g, 312 Kcal



# ASIAN/ORIENTAL

## NON VEGETARIAN

# CHILLI CHICKEN - DRY / GRAVY (2) (8)



290/270

Chilli Chicken is a popular Indo-Chinese dish that features tender pieces of chicken coated in a flavorful sauce with bold spices and aromatic vegetables. Serving size -250-280g , 238 Kcal

## SCHEZWAN CHICKEN - DRY / GRAVY 🕖 🛞





290/270

Schezwan Chicken features tender pieces of chicken stir-fried with a spicy and aromatic Schezwan sauce.

Serving size -250-280g, 250 Kcal

#### CHICKEN MANCHURIAN -DRY / GRAVY (3) (4)





290/270

A popular Indo-Chinese dish consisting of tender chicken pieces coated in a flavorful batter, deep-fried until crispy, and then tossed in a tangy and spicy sauce. Serving size -250-280g, 380 Kcal

#### KUNGPAO CHICKEN







290

Tender pieces of chicken stir-fried with nuts, vegetables, and chilli peppers in a savory and slightly sweet sauce.

Serving size -250-280g, 230 Kcal

#### DRAGON CHICKEN (3) (5)







280

Tender chicken pieces are marinated, fried until crispy, and then tossed in a flavorful sauce.

Serving size -250-280g, 215 Kcal

#### FISH CHILLI OYSTER







Fish Chilli Oyster is a delicious seafood dish that combines the flavors of fish, chilli, and oyster sauce.

Serving size -250-280g, 425 Kcal

#### CHILLI GARLIC PRAWNS DRY









390

340

Chilli Garlic Prawns is a delicious seafood dish featuring succulent prawns cooked in a flavorful sauce made with chilli and garlic.

Serving size -250-280g , 255 Kcal

#### STIR-FRIED BEEF



340

A delectable dish, thinly sliced beef marinated in a vibrant blend of spices and then stir-fried to perfection with a flavorful sauce.

Serving size -250-280g , 479 Kcal



# RICE AND NOODLES



#### **VEGETABLE FRIED RICE**

180

Vegetable Fried Rice is a delightful and versatile dish that is made by stir-frying cooked rice with a medley of colorful vegetables and aromatic seasonings. Serving size -180-220g, 220 Kcal

#### SCHEZWAN VEGETABLE FRIED RICE 🕡



180

Schezwan Vegetable Fried Rice is a spicy, flavorful and aromatic dish that combines the bold flavors of Schezwan cuisine with the comforting appeal of fried rice. Serving size -180-220g , 171 Kcal

#### VEGETABLE HAKKA NOODLES





180

A delightful dish made by stir-frying boiled noodles with a colorful array of vegetables and aromatic seasonings.

Serving size -180-220g , 165 Kcal

# RICE AND NOODLES

# NON VEGETARIAN

CHICKEN FRIED RICE © ©  A delightful and fulfilling dish prepared by stir-frying cooked rice with diced chicken, eggs, and an assortment of seasonings.  Serving size -180-220g, 343 Kcal	260
EGG FRIED RICE © ©  A delightful and fulfilling dish prepared by stir-frying cooked rice with eggs, and an assortment of seasonings.  Serving size -180-220g, 261 Kcal	230
SCHEZWAN EGG FRIED RICE © ©  Schezwan Fried Rice is indeed a delightful dish made by stir-frying cooked rice with spicy Schezwan sauce, eggs and vegetables.  Serving size -180-220g, 310 Kcal	230
SCHEZWAN CHICKEN FRIED RICE © © Schezwan Fried Rice is indeed a delightful dish made by stir-frying cooked rice with spicy Schezwan sauce, chicken, eggs and vegetables.  Serving size -180-220g, 327 Kcal	260
CHICKEN HAKKA NOODLES	270
EGG HAKKA NOODLES	260
SCHEZWAN EGG NOODLES	250
SCHEZWAN CHICKEN NOODLES	270

# WESTERN

BEEF STROGANOFF	420
CHICKEN ROULADE (B) (E)  A sophisticated and flavorful dish that features chicken meat rolled around a filling, then cooked to perfection.  Serving size -250-280g , 416 Kcal	380
COTTAGE CHEESE WITH CHIMICHURRI (19)  Herb-dusted cottage cheese 'steaks' grilled and served with classic Chimichurri.  Serving size -250-280g , 320 Kcal	310

# CHOICE OF PASTA'S

CHOICE OF PENNE AND FETTUCCINE WITH ARRABIATA  Serving size -250-280g, 330 Kcal	290
CHOICE OF PENNE AND FETTUCCINE WITH ALFREDO VEG Serving size -250-280g, 370 Kcal	290
CHOICE OF PENNE AND FETTUCCINE WITH ALFREDO CHICKEN  Serving size -250-280g, 370 Kcal	340
CHOICE OF PENNE AND FETTUCCINE WITH SALSA ROSA  Serving size -250-280g, 293 Kcal	300



# VEGETARIAN

AVIAL (1)	220
The classic Kerala Avial of Central Travancore. A wide assortment of traditional vegetables like green banana, elephant yam, vellarikka (Cucumber), snake gourd and long string beans etc., go in its mainstay vegetable dish of any Kerala Sadhya. These vegetables are cooked with coconut and spices and finally yoghurt adds the sour touch along with tempered curry leaves, mustard, chilli and a final splash of virgin coconut oil.  Serving size -200-220g, 224 Kcal	
BABY CORN VENDAKA MANGA MURINGA CHARU	230
A traditional South Indian dish that combines the tartness of raw mangoes with the savory flavors of tomatoes and spices.  Serving size -200-220g , 235 Kcal	
VEGETABLE MAPPAS	230
A dish that celebrates the freshness of vegetables, where an array of vegetables is gently simmered in creamy coconut milk and lightly spiced with a ground masala with distinct notes of fennel and black pepper.  Serving size -200-220g, 210 Kcal	
VEGETABLE STEW	230
The vegetarian rendition of the iconic Kerala stew where a medley of beans, carrots and potatoes are stewed in creamy, fresh coconut milk.	
Serving size -200-220g , 220 Kcal	
MUSHROOM PEPPER ROAST	260
Earthy mushrooms are slow roasted in fragrant coconut oil with lots of freshly cracked black pepper, curry leaves and aromatic spices to create a symphony of flavours.	

Serving size -200-220g , 176 Kcal

## **NON VEGETARIAN**

VEETTILE KOZHI CURRY	290
The rustic Kerala chicken curry cooked in the home kitchen of southern Kerala. It is the slow fire cooking with coconut milk and traditional Kerala spices that gives it a rich, home-cooked flavor.  Serving size -220-250g, 245 Kcal	
corving diza 220 200g / 240 kour	
KERALA CHICKEN ROAST	320
Tender chicken is marinated with mild spices and grilled. This is then slow roasted with onions and tomatoes with the special Kerala spices and then the roast is finished off with coconut milk.	
Serving size -220-250g , 258 Kcal	
VARUTHARACHA KOZHI CURRY	290
A traditional South Indian dish. The name "Varutharacha" translates to "roasted coconut". This curry is known for its rich and aromatic flavor through the use of roasted coconut along with a blend of spices.  Serving size -220-250g, 245 Kcal	
CHICKEN STEW	290
Traditional dish made with chicken simmered in a spiced coconut milk gravy.  Serving size -220-250g , 266 Kcal	
NATTU KOZHI PERATTU	360
Aromatic chicken stir-fry made with tender pieces of "Nadan" chicken cooked in a blend of spices, coconut oil, and fresh ingredients.	
Serving size -220-250g , 317 Kcal	
CHAYAKADA POTHU CURRY	320
Kerala's iconic beef curry available in many tiny eateries in the State. This slow cooked beef with onions and the spicy Kerala masala slowly blend into each other for that dark, delicious flavor, best eaten with Porottas. Serving size -220-250g, 268 Kcal	
BEEF ULARTHIYATHU	350
Tender pieces of beef slow cooked in the traditional Kerala way. This medium spicy dish is created with the choicest of fennel seeds, black pepper and plenty of coconut pieces cooked in coconut oil.	
Serving size -200-220g , 275 Kcal	
MUTTON GHEE ROAST (1)	440
Mutton ghee roast features tender mutton marinated in a blend of spices and cooked in ghee along with vegetables until tender and caramelized,	

creating a rich and flavorful dish. Serving size -220-250g , 234 Kcal

## **NON VEGETARIAN**

SEER NIRVANA @ 🗐	800
Experience pure culinary bliss with Chef Pillai's unique rendition of fish Pollichathu, aptly named "Nirvana". Well marinated fish is delicately pan fried and transferred to a hopper pan lined with fresh banana leaf. Creamy coconut milk infused with aromatic herbs and spices is gently poured around the fried fish and cooked until the fish absorbs the rich and fresh flavors of the coconut milk. The coconut milk in turn is further infused with the umami rich flavors of the pan-fried fish and the result is sublime gravy with a fried, yet juicy piece of fish.	
Serving size -250-280g , 225 Kcal	
QUILON FISH CURRY Ø	390
Kollam meen curry is a tangy and spicy fish curry from Kerala, prepared with fresh fish cooked in a coconut-based gravy with aromatic spices.	
Serving size -220-250g , 221 Kcal	
CHEMMEEN MANGA PAAL CURRY	420
Chemmeen Manga curry is a delightful combination of succulent prawns and tangy raw mango cooked in flavorful coconut-based gravy.  Serving size -220-250g, 243 Kcal	420
KOONTHAL ROAST (8)	360
A flavorful dish featuring tender squid cooked with aromatic spices in the traditional Kerala style.	
Serving size -200-220g , 425 Kcal	
KOLLAM MUTTON CURRY	420
From Chef Suresh Pillai's hometown, this is the classic mutton curry that goes with the Kerala Parotta. The specialty of this mutton curry is the use of shallots or Madras onions slow cooked in a combination of spices that wrap up the flavor of meat cooked till, deliciously tender.	
Serving size -220-250g , 232 Kcal	

# NON VEGETARIAN

#### FROM THE HOT PLATE

# NEI MEEN POLLICHATHU (

420

Indulge in the spicy, savory flavors of fresh fish combined with the delicate aroma of fresh banana leaf. Gently marinated fish is nestled in a flavorful masala of onion and tomato, infused with spices like chilli powder and black pepper before wrapping it up a fresh banana leaf and slow roasting on a tawa.

Serving size -200-220g, 346 Kcal

#### AYAKURA TAWA FRY

400

Featuring succulent fish is marinated in a flavorful blend of spices, then pan-fried on a tawa.

Serving size -200-220g, 340 Kcal

#### **PRAWNS**



420

Featuring succulent prawns is marinated in a flavorful blend of spices, then pan-fried on a tawa.

Serving size -180-200g, 248 Kcal

#### **TIGER PRAWNS**



550

Featuring succulent Tiger prawns is marinated in a flavorful blend of spices, then pan-fried on a tawa.

Serving size -200-220g , 255 Kcal



# ACCOMPANIMENTS AND INDIAN BREADS

KAPPA THALICHATHU  Steamed kappa is mashed with a masala blended with coconut, mustard seeds and garlic. This is finally tempered in coconut oil with small onions, mustard and curry leaves.  Serving size -340 Kcal	
APPAM  Fermented rice batter and coconut milk made into round, pancakes with thin lacy edges.  Serving size -99 Kcal	20
EGG APPAM (in the spongy centre)  Appam with a hen's egg in the spongy centre.  Serving size -125 Kcal	30
MALABAR NOOL POROTTA (1) (1)  The traditional Porotta from Kerala's Malabar region in the North. Fluffy, yet soft is skillfully handcrafted and tawa fried.  Serving size -198 Kcal	<b>25</b> Porottas
WHEAT PARATHA  Layered Indian bread made from whole wheat flour, cooked on a griddle until golden brown and flaky.  Serving size -126 Kcal	25
TANDOORI ROTI – PLAIN, BUTTER, GARLIC (1) (1) Indian flatbread cooked in a Tandoor oven, made with wheat flour.  Serving size -125 Kcal	30/35/40
TANDOORI NAAN – PLAIN, BUTTER, GARLIC (1) (1) Indian flatbread cooked in a Tandoor oven, made with wheat flour.  Serving size -185 Kcal	30/35/40
LACHA PARATHA – PLAIN, BUTTER (**) (**) Indian layered flatbread made from whole wheat flour.	40/45

Serving size -130 Kcal

# SANCHARI SMOKE GRILLS

## **NON VEGETARIAN**

580/300/170 ARABIAN BARBEQUE PERI-PERI CHICKEN Serving size -900/450/225g 580/300/170 MEXICAN BARBEQUE CHICKEN Serving size -900/450/225g 580/300/170 MOROCCAN BARBEQUE CHICKEN Serving size -900/450/225g 540/180/160 CHICKEN SHAWAI Serving size -900/450/225g SNAPPER (PERI-PERI) (1) 650 Serving size -450-500g 760/390/210 AL-FAHAM MANTHI 740/360/190 SHAWAI MANTHI 420/210/120 MANTHI RICE

SANCHARI BARBEQUE PLATTER (a) (a) (b) (c) 2199

A delightful and hearty selection of grilled meats often featuring a variety of flavours and textures. Whole catch of the day, alfaham, chicken skewers, and beef seekh served with hummus and kuboos.

Serving size -1100g

# DESSERTS

TENDER COCONUT PANNA COTTA (5) (1)  This refreshing creamy dessert with the sublime flavors of fresh tender coconut is light and fluffy, yet decadent in taste.  Serving size -120g, 217 Kcal	220
CLASSIC BROWNIE WITH ICE-CREAM ( ) ( ) ( ) ( ) ( ) ( ) ( ) ( ) ( ) (	280
UNNIYAPPAM THEN MUTTAI FALOODA (1) (2) (3) (3) (3) The origination of the Falooda from Iran takes on an evolved Kerala twist by Chef Pillai. This colourful dessert is a multi-layered concoction of Jelly, vermicelli, assorted dry fruits, ice cream and the nostalgic 'Then Muttai'. This is then topped up with mini unniappams, a unique Kerala delicacy topped off with basundi milk.  Serving size -120g , 307 Kcal	280
DOUBLE CHOCOLATE MOUSSE  A decadent dessert featuring layers of rich chocolate mousse made from white and milk chocolate.  Serving size -120g , 280 Kcal	240
PAYASAM OF THE DAY (a) (b)  Traditional South Indian dessert that is cherished for its rich, creamy texture and sweet, aromatic flavours.  Serving size -120g, 308 Kcal	180
CARROT HALWA (a) (b)  Traditional Indian dessert made from grated carrots, milk, sugar, and ghee, flavored with cardamom and garnished with nuts.  Serving size -120g, 319 Kcal	200
ICE-CREAMS (1)	110/220

(Vanilla, Tender Coconut, Chocolate, Butter Scotch, Alphonso Mango and Coffee).

Serving size -120g , 207 Kcal





My sincere gratitude to you for visiting Sanchari, Palakkad. It is our pleasure to serve you. Thank you for choosing us and relishing the food we prepared.

Your appreciation is our greatest reward.

We wish to see you soon again!