



Ola Poke Fresh And Healthy Poke House Menu

<https://menuweb.menu>

83 Kitchener Road, Auckland 0620, New Zealand, Milford New Zealand
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On this website, you can find the **complete menu** of **Ola Poke Fresh And Healthy Poke House** from Milford New Zealand. Currently, there are **16** menus and drinks up for grabs.

Ola Poke Fresh And Healthy Poke Hou



Non Alcoholic Drinks

WATER

Side Dishes

RICE

Chicken

PINEAPPLE CHICKEN

Sauces

MAYO

Appetizer

POKE BOWL

Mexican Dishes

CHILLI SAUCE

Toppings

TOPPINGS

Hot Drinks

COFFEE

Sides

WASABI

These Types Of Dishes Are Being Served

SALAD

FISH

Ingredients Used



TUNA

ONION

GINGER

EDAMAME

CUCUMBER

Ola Poke Fresh And Healthy Poke House

83 Kitchener Road, Auckland
0620, New Zealand, Milford New
Zealand

Opening Hours:

Monday 10:30 -20:00
Tuesday 10:30 -20:00
Wednesday 10:30 -20:00
Thursday 10:30 -20:00
Friday 10:30 -20:00
Saturday 10:30 -20:00
Sunday 10:30 -20:00

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